



# Meals On Wheels

*Meals are just our first course!*

## Caring Cards & Crafts

Many of us look forward to celebrating Holidays with the ones we love, but for others, it can be very lonesome. Holidays of any kind can lead to extra heartache for those who may have lost somebody close to them.

You can partner with Meals on Wheels to make cards for seniors to help brighten their day. Caring Cards & Crafts is a great project for students, teachers, youth groups and families.

The cards & crafts are simple, handmade cutouts, but the thought and meaning behind each one is so much greater. The cards are filled with love, good wishes and even poetry.

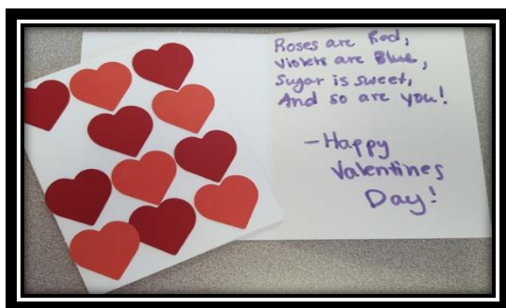


### Details:

- Create cards or crafts that fit in an 8x11 envelope
- Drop off or mail or ask for a pick up by emailing [caringcardsandgifts@gmail.com](mailto:caringcardsandgifts@gmail.com)
- Seniors love to hear about the youth (i.e.: favorite sports, color, what they like to do etc.....)
- Please use dates to get the cards to Meals on Wheels so they can be sent out to the seniors on a timely basis



Holiday	Due Date
Halloween	10/25/2017
Veteran's Day	11/8/2017
Thanksgiving	11/21/2017
Winter	12/21/2017
Valentine's Day	2/12/2018
St. Patrick's Day	3/15/2018
Happy Spring	3/28/2018



Teaching children to care for others is important. They need to know they too can make a difference in how someone feels.